



Thursday
May 15th, 2025

**Heritage Woods
Secondary**

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link
below (also found
on HWSS) website

Log in with your
student number
and password

Enter numbers
only for your
student number

Your default
password is your
student number

Set new password
on first log in

Instructions to
book your flex
space were
emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

Thank you for your cooperation!



Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the owner's
expense.



ALL GRADE 11 CLC FLEX MEETINGS

AITKEN: Thurs. May 15th Room 240

FERRER: Wed. May 14th Library

GAY: Wed. May 14th Room 104

JARVIS: Wed. May 14th LIBRARY

JOHAL: Tues. May 13th Gym

LEE: Tues. May 20th Room 244

PAISLEY: Wed. May 14th Room 232

ROSS: Wed. May 14th Room 238

SALOUSTROS: Thurs. May 15th

**LIBRARY

SMITH: Please watch for an email

TING: Thurs. May 15st Room 214

WIEBE: Tues. May 13th Room 305

**** If you are unable to make this meeting, please contact your CLC teacher.**

HWSS May Days!

Sign up here!

Monday May 12 th	Tuesday May 13 th	Wednesday May 14 th	Thursday May 15 th	Friday May 16 th
 Bingo in the library	Musical Chairs in the Grand Hall 	 Karaoke in the Grand Hall	Band Concert in The Grand Hall! 	SCHOOL BREAK PRO - D - DAY





TROPICAL LEMONADE



FRESH • COLD • DELICIOUS

COME GET SOME ICE COLD FRESH LEMONADE



MAY 15



GRAND HALL

10% OF PROFITS WILL BE DONATED TO THE



COOL OFF WITH A TASTY TREAT AND SUPPORT A GREAT CAUSE!

HYDRATING & REFRESHING



JOIN US IN THE GRANDHALL ON
MAY 20 AT LUNCH AND IN FRONT
OF HWSS AFTER SCHOOL

ONLY \$4!
15% of profits go to ...



OUR TIKTOK:

a4k
ATHLETICS FOR KIDS



OUR INSTAGRAM:

May 20

CLUBS



Garbage Fashion Show

Entry Fee: \$5

MAY 23RD 2025

PROMOTING
SUSTAINABLE FASHION

LOCATION: HERITAGE
WOODS SECONDARY

TIME: 6PM-8PM

SIGN UP TO JOIN !



Get your tickets here!



Come watch the
HWSS Garbage
Fashion Show
May 23rd at 6pm



Proudly Supporting
**DAVID SUZUKI
FOUNDATION**
davidsuzuki.org

KODIAK ATHLETICS



SAVE THE DATE

- **Athletic Banquet is Thursday, June 12, 2025.**
- **Purchase tickets on SchoolCash online, sales will close on June 1st.**



Track and Field - Coquitlam and Maple Ridge Regional Qualifiers

[Congratulations](#) to the following Athletes who qualified last week for the Fraser North Zone Championship May 15th and 16th

Junior Girls

Sophie C (2nd 100m, 4th 200m)

Lillian OMc (2nd 1500m, 1st 3000m)

Dara M (8th 300mH)

Junior Boys

Lorenzo B (1st High Jump, 4th 100m, 3rd 200m)

Senior Girls

Sarah T (3rd Triple Jump)

Senior Boys

Ali S (5th 200m)

Billy T-C(4th 400m, 1st 800m, 3rd 1500m)

Xavier W (3rd 800m)



SIGNING DAY

Anyone who is planning or wanting a staff member to organize a "Signing Day", please e-mail Ms. Rampuri with your name, school and sport.

We will be doing a one-day event at the end of next week for all grade 12 students who need this done.

CAREER CENTER



2025 Grads - Have you received a scholarship?

- We want to know if you have been offered any scholarships so we can recognize your accomplishments in the commencement brochure.
- But you need to tell us!
- This form can be found on Career Ctr Finances & Awards page at the top
- <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Hand in completed form to Ms. Butler no later than June 01, 2025.



Have you received a Scholarship?

PLEASE PRINT CLEARLY

Last Name: _____

First Name: _____

HWSS Student # _____

Many students have been actively applying for scholarships on their own time. In order for your accomplishments to be recognized, please complete this form and return it to the Career Centre by **June 1**, Please remember to write a letter thanking any or all scholarship/bursary/award donors.

Award Name: _____

Donor: _____

Amount: _____

Note: _____

Award Name: _____

Donor: _____

Amount: _____

Note: _____

Award Name: _____

Donor: _____

Dr. Hal Weinberg Scholarship for Anmore graduates

The \$3,000 Dr. Hal Weinberg Scholarship is awarded annually to an Anmore Grade 12 student who has demonstrated exceptional community commitment and plans to pursue post-secondary education.

The recipient(s) of the scholarship will have one (1) year to enroll into the post-secondary institution of their choice. Proof of enrollment must be provided prior to disbursing the scholarship.

- The successful recipient will be based on a variety of factors including community volunteering, academic achievements, extra-curricular activities and future plans.
- To apply visit: <https://anmore.com/community/scholarships-grants-awards/hal-weinberg-scholarship/>
- Application by May 16, 2025



Sasamat Volunteer Firefighters Assoc Award Applications on HW website. Deadline June 18

Sasamat Volunteer Firefighters Association



2025 Award Application Form Due: June 18, 2025



Student's Name: _____

Address: _____

Postal Code: _____ Phone: _____

Graduating Year: _____ Grade: _____

Post Secondary Plan: _____

(a brief description of what field you plan to study)

Planning to enroll at: _____

Accepted at: _____

CHECKLIST: (include all documents in one package)

- ☐ Resident of Anmore or Belcarra – Graduating from Grade 12 this school year
- ☐ 750–1000 word essay on the topic “Why Volunteering is Important in My Community?”
- ☐ Volunteer Hours documented – include details of volunteer service in the essay
- ☐ Proof of acceptance at a post-secondary and/or enrollment within one year
- ☐ Two Reference Letters - from non-family members
- ☐ Reference letters to include contact details and verification of volunteer hours
- ☐ Application Form attached – Attach this form to the front of supporting materials

Return completed application by June 18, 2025 to:

- ☐ Heritage Woods Career Centre, OR your local Village Hall (Anmore or Belcarra)

Sasamat Volunteer Firefighters Association



SVFA
2025 Award Details
Due: June 18, 2025



ATTENTION: Anmore & Belcarra Grade 12 Students
Amount of Award: \$750

Criteria:

- Must be a Grade 12 student and resident of Anmore or Belcarra.
- Available to graduating students entering a post-secondary education program in one of the following fields: Fire, Police, Public Safety, Medical, Healthcare, Dental, Military, Social Services.
- Students must provide Proof of Enrollment in a post-secondary program within one year.
- 750–1,000 word essay on the topic: “**Why Volunteering is Important in My Community?**”
- Include details of volunteer service in the essay.
- 2 Letters of Reference from non-family members, verifying volunteer work hours completed.
- Include contact details of References (e.g. email, phone number)

Essay Prompt: “**Why is Volunteering Important in My Community?**”

- By “community,” we mean where you live (e.g. Anmore or Belcarra), your school community, faith community, team/club community and/or other communities to which you belong.
- Describe “your community” in your essay.

Possible prompts to help elaborate your response:

- What was your role in the volunteer work? What specific volunteer service did you provide?
- What were your responsibilities? What did you accomplish? How many hours did you serve?
- Upon reflection, what did you learn from your experience? How has this experience influenced your future direction?
- What program are you planning to study? How will your community service assist you in this path?
- Feel free to add any additional information to complete your answer.

Applications are due June 18th, 2025, and can be submitted to either Heritage Woods Career Centre or to your local Village Hall (Anmore or Belcarra).

Questions? Contact SVFA at: <reply2svfa@gmail.com>

Curious about a career in the skilled trades?
Want to get started?



SD43 TRADES HIRING FAIR

Wednesday
June 4th, 2025

5 - 7 PM
bring your resume



AT CENTENNIAL
SECONDARY

570 POIRIER ST.
COQUITLAM

[43CAREERS.COM](https://43careers.com)

CAREERPROGRAMS@SD43.BC.CA

Ivey at Western University Summer Leadership Program

- **SLP is a four-day immersive experience for high school students, currently in Grades 9 to 11, passionate about business, leadership, and innovation.**
- **From August 5–8, 2025, students will stay on campus at Western University and take part in case-based learning, interactive workshops, and real-world problem-solving at Ivey Business School.**
- <https://www.ivey.uwo.ca/summerleadership/>
- June 16, 8:59PM PT application deadline

Application Requirements : We are seeking motivated, passionate, and dedicated students currently in grades 9-11, eager to embrace the challenges of a fast-evolving business world. Applicants will be evaluated based on:

- **Leadership & Extracurricular Involvement** – Active participation in extracurricular activities, showcasing your ability to lead and make an impact in your community or school.
- **Statement of Interest** – An opportunity to share why you're passionate about leadership, business, and innovation, and how you hope to apply what you learn at SLP.

Program Fee: There is a **\$350 participant fee** to attend the program, which covers the cost of your accommodation, meals, and program materials. Financial assistance may be available; please contact us for more details if needed.



COMMUNITY



Canada Youth Climate Change Summer Contest

Take the Challenge & Win \$1,000

Practical ways to reduce your carbon footprint.

ENTER CONTEST



One Task



Two Generations



Three Challenges

19 Winners

\$1,000 Prize

Ages 11 to 21

Our youngest social generations weigh in
on responsible consumption.

Visit CarbonRewind.org for details








I-SPARC
Move | Play | Compete

Indigenous Sport,
Physical Activity &
Recreation Council





**VANCOUVER
BANDITS
BASKETBALL
CAMP**

- Camp will feature skill development for the beginner and more advanced player
- Open to self-identifying Indigenous youth of all genders, between the ages of 12 - 17 years
- Please bring water bottle, indoor shoes, dress to play
- Game ticket for youth and family member, and a \$10.00 food/beverage voucher for that night's game
- Maximum of 40 participants per time frame
- Game: doors open at 3:30pm

Register Here:

Event Inquiries:

Jenn Forlin

Sport & Physical Activity
Coordinator,
Fraser Region
jforln@isparc.ca
250-856-0854

Pete Natrall

Sport & Physical Activity
Coordinator,
Vancouver Coastal Region
pnatrall@isparc.ca

FREE OF CHARGE

12:30pm - 1:45pm
or
1:45pm - 3pm
**SUNDAY
JUNE 1ST**

Langley Events Centre
7888 200 St, Langley,
V2Y 3J4

Indigenous Basketball Camp

June 1st

FREE OF CHARGE

Register Here:

